

**Sermon Series: *Let's Talk About Prayer***

**Message #3: *How to Pray* – Sermon Mar. 10<sup>th</sup>, 2019**



**Scripture:**

1. Luke 18: 9-14
2. Matthew 6: 5-14

*I have been driven many times to my knees by the overwhelming conviction that I had nowhere else to go. My own wisdom, and that of all about me seemed insufficient for the day.*

*A. Lincoln.*

**Outline – How to Pray**

1. Humble yourself – but come Confidently!
  - a. Luke 9-14
  - b. Hebrews 4:16
2. Keep it Simple!
  - a. Mathew 6: 5-8
3. “When you pray...”
  - a. Worship
  - b. Acknowledge He is in control
  - c. Know that He will provide
  - d. Ask for forgiveness
  - e. Ask for help forgiving others
  - f. Ask for strength in resisting the temptations of the world
4. Don't hang up the phone! – Pray Constantly
  - a. 1 Thess. 5: 16-17

**Life Group Study Questions:**

1. **Does your life reflect the shape of the cross?**
  - a. Vertical = Your continual connection to God
  - b. Horizontal = Arms and life focused outward towards others

**2. How is your prayer life?**

- a. How often do you pray?
- b. Do you pray without ceasing?
- c. On a scale of 1-10, how comfortable are you praying to God?
- d. On a scale of 1-10, how comfortable are you with praying out loud?
- e. What's one thing you notice about the way some people pray?
- f. Do you think God cares about how we pray? Why or why not?

**A Great Exercise:**

**Lectio Divina** – This is a prayer and spiritual growth exercise.

*The first time I experienced this exercise I was skeptical. By the end, I was amazed!* - Andy

1. The group leader reads this passage of scripture: Matthew 5: 43-48 (or any one of your choosing)
2. As the scripture is read, sit quietly and listen for a word or phrase that may stand out for you.
3. The group leader reads this passage of scripture a second time.
4. Sit quietly, pray and ask God to give you something that He wants you to learn from this passage.
5. The group leader reads this passage of scripture a third time.
6. Sit quietly, pray and listen for God's message to you.

Now, as a group share what you received.

**Prayer Requests:**